

## Atypical Endometriosis의 적절한 처치

고려의대 산부인과

신 정호



#### A Case

- 19 yr-old woman with lower abd. pain
- GYN sono :

Rt ovary – 7.5 X 5.0 cm low echogenic, homogenous cyst suggesting endometrioma

#### P/Lt ovary cystectomy

#### **Histopathologic findings:**

Endometriosis with <u>nuclear atypia</u>. Close clinical f/up is recommended

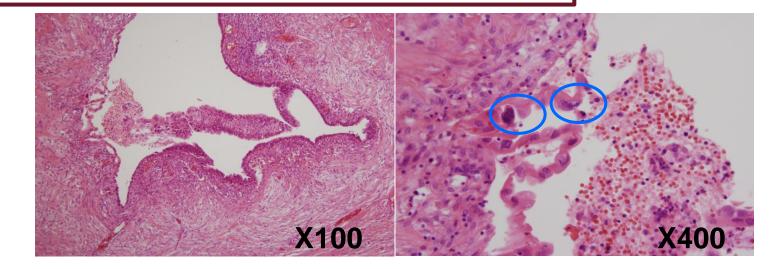


## **Endometriosis with atypia**

#### P/Lt ovary cystectomy

#### **Histopathologic findings:**

Endometriosis with <u>nuclear atypia</u>. Close clinical f/up is recommended





## EAOC: What is this?



# Endometriosis-associated ovarian cancer (EAOC)

- Incidence of EAOC
- : 1 % ~ of woman with endometriosis
- : EAOC affects women who are 10 ~ 20 yr. younger than ovarian cancer patients without ES

Konincks, 1992, Herps J M , 1990

- Prevalence of ovarian cancer in women with ES
  - : higher than ovarian cancer in women without ES







## Overview of common factors of both **Endometriosis** and **Ovarian cancer**

Protective factors	Risk factors	Common pathogenetic mechanisms
<ul><li>Oral contraceptives</li></ul>	<ul><li>Early menarche</li></ul>	<ul> <li>Familial predisposition</li> </ul>
■ Tubal ligation	<ul><li>Late menopause</li></ul>	<ul> <li>Immunological factors</li> </ul>
<ul><li>Hysterectomy</li></ul>		<ul> <li>Cell adhesion factors</li> </ul>
<ul><li>Pregnancy</li></ul>		<ul> <li>Angiogenic factors</li> </ul>



# Ovarian cancer risk in Endometriosis patients

Author	Study Type	Cohort Size	Mean Follow Up (Years)	Ovarian Malignancies Identified	Ovarian cancer in endometriosis patients SIR/	OR
Brinton et al., 1997	Cohort	20, 686 endometriosis patients	11.4	29	Overall cancer risk	1.2
		•			Ovarian cancer	1.9
					Ovarian cancer with ≥10 yrs	
					followup	2.5
					Ovarian cancer with	4.5
Brinton et al., 2004	Cohort	12,193 infertility patients		45	Longstanding endometriosis Ovarian cancer	2.
Brinton et al, 2005	Cohort	pationto		2,491	2.53 (1.19-5.38)	
less et al., 2000	Case control			66	Ovarian cancer	1.3
3orgfeldt, Andolf, 2004	Nested case control	28,163		81	Ovarian cancer	1.3
flodugano et al., 2004	Case control			177	1.3 (1.1-1.6)	
∕lelin et al., 2006	Cohort	64,492	12.7	122	Overall cancer risk	1.0
					Ovarian cancer	1.
					Ovarian cancer Early diagnosed endometriosis	2.
					Ovarian cancer Long standing	
					endometriosis	2.
Olsen et al., 2002	Cohort	1,392	13	3	No increased risk for overall or ovarian cancer	
Kobayashi et al., 2007	Cohort	6,398	12.8	46	Ovarian cancer	8.
					Ovarian cancer > 50 yrs	
					old	13



#### **Endometriosis & Ovarian carcinoma**

❖ Incidence of Ov ca in ES: 3.4~52.6%
(Heidemann NL et al., 2014)

- No overall Ov ca risk increased but Endometrioid & clear cell ca in Australian cohort. (Merritt et al., 2008)
- Endometroid & clear cell ca risk was nearly tripled with Hx. Of ES in Washington state cohort.



## Cell types of EAOC

#### Meta- analysis from15 studies

Reference	Histological type									
	serous	mucinous	clear cell	endometrioid						
Scully et al. (1966)	-	-	-	23.5% (4/17)						
Aure et al. (1971)	0% (0/357)	0.5% (1/203)	23.7% (14/59)	9.4% (20/212)						
Kurman et al. (1972)	1.7% (2/118)	0%	8.3% (1/12)	10.8% (4/37)						
Russel (1979)	3.0% (7/233)	4.0% (3/69)	48.5% (16/33)	27.7% (20/72)						
Brecia et al. (1989)	-	-	37.5% (9/24)	9.6% (5/52)						
Crozier et al. (1989)	-	-	22.0% (13/59)	-						
Jenison et al. (1989)	12.7% (7/55)	-	59.1% (26/44)	-						
De Priest et al. (1992)	-	-	-	26.0% (11/42)						
Vercellini et al. (1993)	3.6% (8/220)	6.4% (6/94)	21.1% (8/38)	26.3% (30/114)						
McMeekin et al. (1995)	-	-	-	30.8% (28/91)						
Cuesta et al. (1996)	-	-	41.2% (7/17)	39.1% (9/23)						
Goff et al. (1996)	-	-	-	-						
Jimbo et al. (1997)	8.7% (8/92)	2.9% (1/35)	40.6% (13/32)	23.1% (3/13)						
Fukunaga et al. (1997)	9.5% (6/63)	5.7% (2/35)	54.0% (27/50)	41.9% (13/31)						
Komiyama et al. (1999)	_	_	37.7% (20/53)	_						
Total	3.3% (39/1,172)	3.0% (13/436)	39.2% (198/505)	21.2% (147/694)						

3.3 % in serous3.0 % in mucinous39.2 % in clear cell21.2 % in endometrioid

Clear cell & Endometriod type: related to endometriosis



### **Endometriosis malignant transformation**

In 1925, Sampson criteria

#### Three criteria:

- (i) Co-existance of carcinoma and endometriosis of the same ovary
- (ii) Histology is compatible with an endometrial origin
- (iii) No other primary tumor sites



(iv) Dysplastic phase between benign ES and carcinoma: Most convincing feature



## **Atypical Endometriosis**

- Earliest step in the malignant transformation of ES.
- Cytologic atypia, eosinophilic cytoplasm, large hyperchromatic or pale nuclei with moderate to marked pleomorphism etc...

(LaGrenade A et al., 1988)



# CLINICAL SIGNIFICANCE OF ATYPICAL ENDOMETRIOSIS



## "Atypia" in Endometriosis - not risk factor -

- Almost always found in the epithelial lining of endometriotic cysts, as focal or multifocal.
- ⇒ Reactive or degenerative change in most cases
- ⇒ No realistic risk in clinical management.

Seidman, 1996, Clement et al., 2007



# "Atypia" in ES - precursor of malignancy -

- Atypia more frequently found in endometiosis accompanied by malignant tumors.
  - : 6.1 % (ES with malignant tumors) vs. 1.7% (Only ES)

Ogawa., 2000, Fukunaga, 1997

#### 2. Pathological reports

- : continuous transition from benign ES to carcinoma in these areas, atypia is frequently described.
- 3. In molecular analyses,
- : Mutation of tumor suppressor gene...



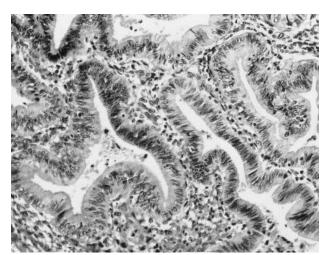
### Transitional phenotype

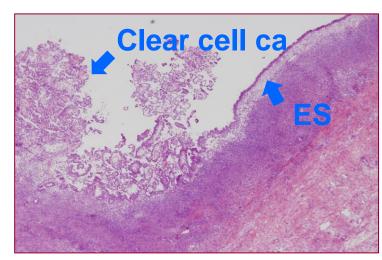
**Benign endometriosis** 



Clear cell or endometrioid carcinoma

Histologic evidence of direct transition from endometriosis gland to <u>atypia to carcinoma</u>







## **ES** with atypia

- About 60~80% of EAOC arise from atypical lesion in ES
  - Endometrioid ov ca: up to 60%
  - Clear cell ov ca: up to 15%
  - A case of a clear cell ca were reported
     after 3 yrs in ES with atypia.

(Moll et al, 1990)



## Pathogeneisis of EAOC

- GENOMIC INSTABILITY & MUTATION
- MICROENVIRONMENT
- ENDOCRINE FACTORS



### 1. Genomic instablility & mutations

#### Tumor suppressor gene

<i>p</i> 53	Mutated in as many as 50% of solid tumor
Rb	Deletions and mutations predispose to retinoblastoma
PTEN	Dual specify phosphatase that represses PI3-kinase/Akt pathway activation with negative effect on cell growth
P16 <sup>INK4a</sup>	Binds to cyclin-CDK4 complex inhibiting cell cycle progression
FHIT	Fragile histidine triad gene with tumor suppressor function via unknown mechanisms
WT1	Mutations are correlated with Wilm's tumor
NF1	Neurofibromatosis gene
APC	Associated with colon cancer development in patients with familial adenomatous



#### PTEN & hMLH-1 in EAOC

- PTEN: tumor suppressor gene
- hMLH-1 gene: corrects error in DNA replication

Abnormal gene expression of PTEN (inactivation) and

DNA mismatch repair gene hMLH-1(hypermethylation)

- : indentified in endometrial and ovarian cancers
- : similarly recognized in advanced-stage endometriosis



#### Original Article

## The Role of *p53* Mutation in the Carcinomas Arising from Endometriosis

13 cases with OCCA (ovarian clear cell carcinoma) + EMsis
 9 cases with OEC (ovarian epithelial cancer) + EMsis

p53 mutation (+) in specimens of EMsis + OCCA
No mutation in solitary EMsis or EMsis with OEC

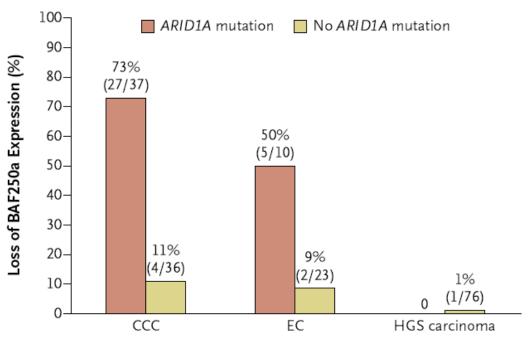
→ Genetic alterations inducing p53 mutations in EMsis affect malignant transformation of EMsis into OCCA



The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

#### ARID1A Mutations in Endometriosis-Associated Ovarian Carcinomas





**Cancer Subtype** 

## Biologic & Molecular profile in EAOC

Table 2. Biological and molecular profile in ovarian endometrioid carcinoma.

Molecular profile	
CTNNB1 mutations	23.8% (Catasùs et al. [42])
	16–38% (Cho et al. [43])
	53.3% (McConechy et al. [44])
PTEN mutations	14% (Catasùs et al. [42])
	14% (Cho et al. [43])
	16.6% (McConechy et al. [44])
	20% (Sato et al. [45])
ARID1A mutations	30% (Wiegand et al. [46])
	55% (Ayhan et al. [47])
MSI	17.5% (Catasùs et al. [42])
	20% (Liu et al. [51])

MSI, microsatellite instability.

Table 3. Biological and molecular profile in ovarian clear cell carcinoma.

Molecular profile	
PIK3CA mutations	20-25% (Cho et al. [43])
	33% (Kuo et al. [52])
	40% (Jones et al. [53])
	40% (Yamamoto et al. [54])
ARID1A mutations	46% (Wiegand et al. [46])
	75% (Ayhan et al. [47])
	57% (Jones et al. [53])
	55% (Yamamoto et al. [54])
	57.7% (Xiao et al. [55])
	15% (Katagiri et al. [56])
HNF-1b overexpression	92.3% (Xiao et al. [55])
•	100% (Kato et al. [59])
MET amplification	25-30.8% (Yamashita et al. [62])

HNF-1b, hepatocyte nuclear factor-1 beta.

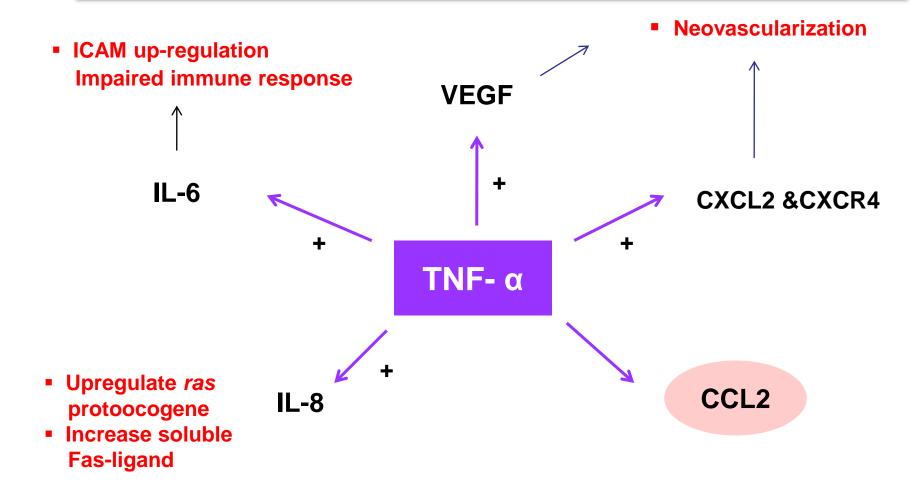


#### 2. Microenvironment

- Extraperitoneal Endometrium
  - its pluripotency, producing cytokines, hormones
- Inflammation "central" to tumorigenesis
  - IL-1, 6, 8, TNF-α, TGF-β
    - : Cause unregulated mitotic division, differentiation, and apoptosis similar to malignant mechanisms.



### Microenvironment



#### **IGF-1** in Endometriosis

- Higher levels of IGF-1 in plasma and peritoneal fluid of women with ES
- Up-regulation of IGF-1
- : inhibit apoptosis in normal ov surface epithelial cells

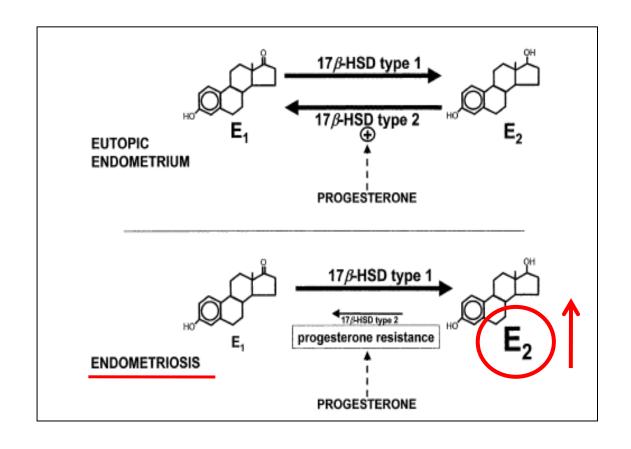
Kuroda, 2001, Druckmann et al., 2002 & Kim et al., 2000

#### **Dysregulation of IGF-1-mediated signaling**

: induction of proliferative activity of ovarian surface epithelium

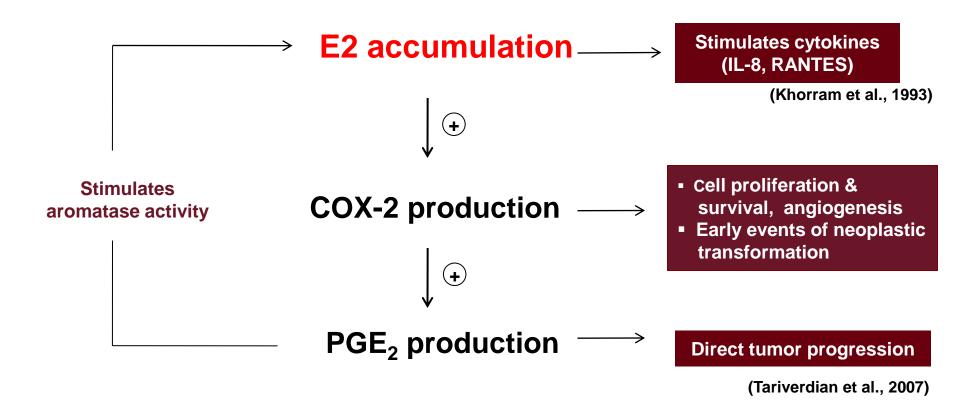


### 3. Endocrine factors





#### Excess E2 production in Ectopic endometrial cell





# CLINICAL IMPLICATION OF EAOC

- Special considerations -



## **Monitoring & Early diagnosis**

No definite guideline for the management of ES with special attention to malignant transformation.

**Ultrasound & CA 125** 

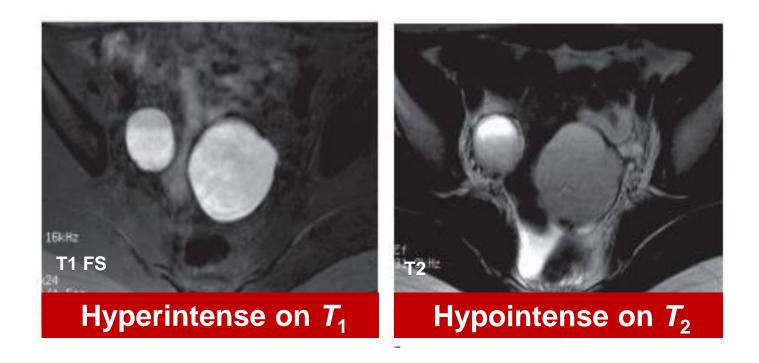


#### Pelvis MRI!!

Useful for detecting malignant transformation of endometrioma



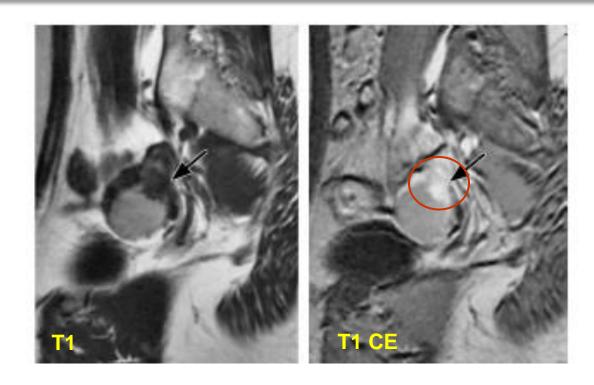
## Typical MRI findings of Endometrioma



**Shading on T2** 



## MR images of malignant transformation in endometrioma (1)

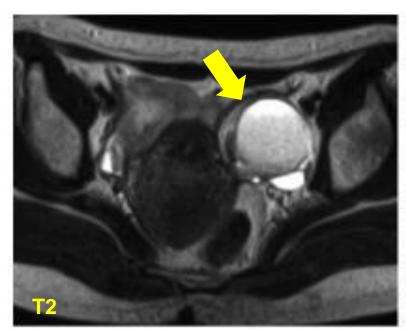


Contrast-enhanced mural nodules on T1

: Suggestive of EAOC



## MR images of malignant transformation in endometrioma (2)





**Endometrioma** 

2년 후 Clear cell carcinoma

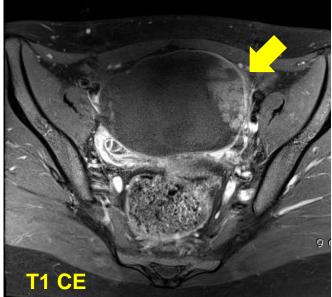
## Loss of shading



## MR images of malignant transformation in endometrioma (3)

30 yr-old woman with EAOC (clear cell)





**CE- Mural nodules in T1** 



## MRI findings of EAOC

1. Contrast-enhanced mural nodules on T1-weighted images: most important finding

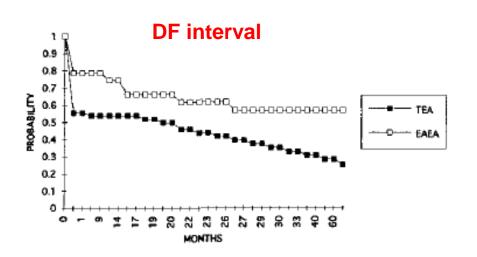
2. Sudden enlargement of endometrioma

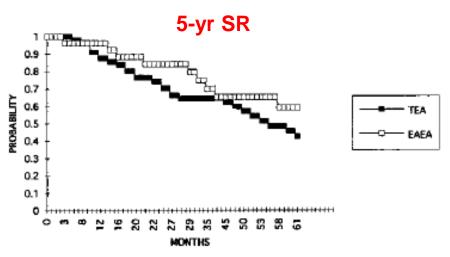
3. Disappearance of shading on T2



## **Prognosis of EAOC**

EAOC vs. Typical ov ca (both endometrioid type)





#### ES-associated endometrioid ca

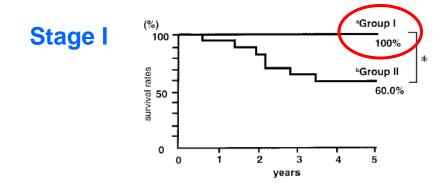
: <u>better 5-yr survival</u> than typical endometrioid ca (56% vs. 45%, *p* < 0.17)

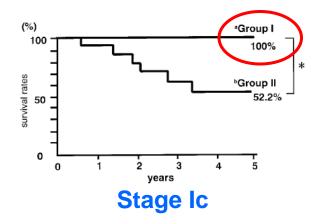


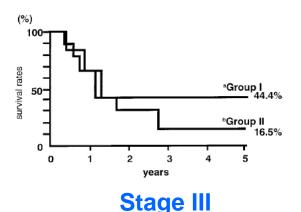
#### Prognosis of Japanese Patients with Ovarian Clear Cell Carcinoma Associated with Pelvic Endometriosis: Clinicopathologic Evaluation

Shin-ichi Komiyama, M.D., Daisuke Aoki, M.D., Eiichiro Tominaga, M.D., Nobuyuki Susumu, M.D., Yasuhiro Udagawa, M.D., and Shiro Nozawa, M.D.

Group 1: Clear cell carcinoma with ES (n = 20),
 Group 2: Clear cell carcinoma without ES (n = 33)







# Better prognosis & early stage of EAOC than sporadic ovarian cancer

Endometriosis patients – commonly "Symptomatic"

(Sainz et al., 1995)

Under-estimated prevalence of endometriosis in advanced stage of ovarian cancer

(Yoshikawa, 2000)



## **EAOC** survival

A Progression-free survival

Model	Study name						Hazard r	ratio and	195% CI			
		Hazard ratio	Lower limit	Upper limit								Relative weight
	McMeekin et al, 1995	0.530	0.254	1.107	1	-		-	-1	- 1	1	24.28
	Orezzoli et al, 2008	0.770	0.313	1.896	- 1	- 3		-	_	- 1	- 1	16.20
	Cuff et al, 2012	1.340	0.777	2.311	- 1	- 1			-	- 1	- 1	44.30
	Katagiri et al, 2012	1.800	0.710	4.562	- 1	- 1	0.5	_	-	_	- 1	15.22
Fixed	Total (summary)	1.023	0.712	1.470	- 1	- 1	. 00	-		- 1	- 1	
Heterog	geneity: P=0.121; I <sup>2</sup> =48.340%				0.1	0.2 E	0.5 AOC	1	2 Non	5 -EAOC	10	

3 Overall survival

Model	Study name						Hazard ra	tio and	95% CI			
		Hazard ratio	Lower limit	Upper limit								Relative weight
	McMeekin et al, 1995	1.240	0.368	4.183	1	- 1	+	-	-	-1	1	2.02
	Komiyama et al, 1999	0.620	0.168	2.285	- 1	-	_	+	_	- 1	- 1	1.75
	Erzen et al, 2001	0.560	0.360	0.871	- 1	- 1	-		- 1	- 1	- 1	15.31
	Orezzoli et al, 2008	0.560	0.268	1.171	- 1	10	-	_	- 1	- 1	- 1	5.48
	Kumar et al, 2011	0.850	0.501	1.442	- 1	- 1		•	1	- 1	- 1	10.65
	Melin et al, 2011	0.810	0.650	1.010	- 1	- 1	-				- 1	61.35
	Katagiri et al, 2012	1.800	0.710	4.562	- 1	- 1			-		- 1	3.45
Fixed	Total (summary)	0.778	0.655	0.925	- 1	- 1	4		- 1			
Heterog	peneity: P=0.326; I <sup>2</sup> =13.542%				0.1	0.2 FAO	0.5	1	2 Non-l	5 FAOC	10	



## Surgery & Follow-up

Bilateral salpingo-oophorectomy should be considered in women with ES & history of infertility, family history of ovarian cancer or breast cancer when hysterectomy near the menopause

Nezhat et al., 2008

- Even after surgical Tx, ES patients may have an elevated ovarian cancer risk compared with women without a history of ES.
- → 6 monthly follow-up with CA 125 and TVS

## **Oral Contraceptives**

#### OC may reduce the risk of EAOC

	Endometriosis	5		No endometri	osis	
Variable	Control subjects (%)	Cases (%)	OR (95% CI)	Control subjects (%)	Cases (%)	OR (95% CI)
Births (M)						
0	18.6	42.6		14	27.3	
1-2	55.7	40.3	0.31 <sup>‡</sup>	45.5	41.9	0.48 <sup>‡</sup>
			$(0.18-0.54)^{\dagger}$			$(0.41-0.57)^{\dagger}$
≥3	25.7	17	0.22 <sup>‡</sup>	40.5	30.8	0.38 <sup>‡</sup>
			$(0.11-0.45)^{\dagger}$			$(0.31-0.45)^{\dagger}$
			trend $P < .001$			trend $P < .001$
P interaction#				•		
OC duration						
Never	20.8	34.1		38.1	49.4	
<10 Y	68.9	61.4	0.58 <sup>  </sup>	52.4	44.5	0.70
			(0.33-1.03)			$(0.60 - 0.80)^{\dagger}$
≥10 Y	10.4	4.5	0.21	9.5	6.1	0.47 <sup>  </sup>
			$(0.08-0.58)^{\P}$			$(0.37-0.61)^{\dagger}$
			trend $P = .003$			trend $P < .001$

## Postmenopausal HT (1)

- Estrogen + Progestin
  - : recommended after hysterectomy & BSO due to ES

Hickman et al.& Reimnitz et al., 1988, Van Gorp., 2004, Nezhat et al.,,2008

Case report: Endometrial adenocarcinoma arising during estrogenic treatment 17 years after TAH BSO

Debus et al., 2001

Malignant transformation of residual endometriosis after hysterectomy: three cases

# Postmenopausal HT (2) long term Progestin Tx is safe?

Clear cell carcinoma arising in endometriosis of the rectum following progestin therapy

Pokieser et al., 2002

... and EPT has higher risk for breast cancer than ET

## NICE guideline, 2017

#### Hysterectomy in combination with surgical management

- 1.10.8 If hysterectomy is indicated (for example, if the woman has adenomyosis or heavy menstrual bleeding that has not responded to other treatments), excise all visible endometriotic lesions at the time of the hysterectomy.
- 1.10.9 Perform hysterectomy (with or without oophorectomy) laparoscopically when combined with surgical treatment of endometriosis, unless there are contraindications.
- 1.10.10 For women thinking about having a hysterectomy, discuss:
  - what a hysterectomy involves and when it may be needed
  - the possible benefits and risks of hysterectomy
  - the possible benefits and risks of having oophorectomy at the same time



## **ESHRE** guideline

#### **Endometriosis and cancer**

What information could be provided to women with endometriosis regarding the development of cancer?

The GDG recommends that clinicians inform women with endometriosis requesting information on their risk of developing cancer that:

**GPP** 

there is no evidence that endometriosis causes cancer,

there is no increase in overall incidence of cancer in women with endometriosis,

some cancers (ovarian cancer and non-Hodgkin's lymphoma) are slightly more common in women with endometriosis.

The GDG recommends that clinicians explain the incidence of some GPP cancers in women with endometriosis in absolute numbers.

The GDG recommends no change in the current overall management of endometriosis in relation to malignancies, since there are no clinical data on how to lower the slightly increased risk of ovarian cancer or non-Hodgkin's lymphoma in women with endometriosis.



## Summary

Atypical Endometriosis is precancerous lesion.

■ If EAOC is suspected, MRI could be recommended.

Molecular works might help the risk assessment.



## Summary

ES is an independent risk factor for ovarian cancer

: long term follow up, even after menopause, is required.

Reccurence

+

Ovarian ca. risk

